

THE MINISTRY OF SPIRITUAL DIRECTION

The Center For Spiritual Formation, Inc.
45 South West Street, Carlisle, PA, 17013
TEL (717) 240-0678 E-mail: formation1@embarqmail.com
Internet: www.centerformation.org

DESCRIPTION:

The Ministry of Spiritual Direction is a two-year training course which assists laity & clergy to sharpen their listening skills, clarify their graces, and acquire the disciplines essential for caring for souls in love.

YEAR ONE:

Focuses on the history, traditions & models, Biblical roots & theological foundations of Spiritual Direction. It stresses the differences between psychological counseling and Spiritual Direction, and demonstrates a contemplative approach to God.

YEAR TWO:

Focuses on the actual practice of Spiritual Direction: developing listening & assessment skills; becoming familiar with displacement & projection, transference & counter-transference; acquiring a working knowledge of the lifestages of faith development; cultivating an increased awareness of the power of prayer & healing; and learning the importance of supervision.

OUTCOME:

The Ministry of Spiritual Direction will:

1. Provide basic instruction in sensitivity toward, & insight into the workings of the Holy Spirit;
2. Advocate the need for a greater connectedness between the inner life of The Spirit and the outer life of faithfulness to the Spirit's direction;
3. Invite trainees to develop a greater willingness to relate to all types of people;
4. Equip trainees to deal with strong emotions, and maintain relationships over time;
5. Assist trainees to establish and maintain appropriate boundaries within the Spiritual Direction relationship;
6. Facilitate a deepening prayer life & a greater contentment with silence and Solitude;
7. Challenge trainees to costly discipleship & speaking the truth in love;
8. Require trainees to undergo Spiritual Direction & aid them in accepting personal weaknesses as the basis for compassion.

CALENDAR: [Beginning in September]

Each year consists of eleven monthly sessions, usually on the second week-end, excluding July. Sessions begin on Fridays at 6:30PM and continue through Saturday Afternoon. Each year there are two optional opportunities for an extended silent retreat through Sunday afternoon. Trainees must devote additional time to study & prayer, and receive Spiritual Direction at least once a month. During Year Two, each trainee should offer Spiritual Direction to one person, once a month.

2018:

Sept. 7-8
Oct. 12-13
Nov. 9-10
Dec. 7-8

Fri. @ 6:30 PM till Sat. @ 4:00 PM
Fri. @ 6:30 PM till Sat. @ 4:00 PM
Fri. @ 6:30 PM till Sat. @ 4:00 PM
Fri. @ 6:30 PM till Sat. @ 4:00 PM

2019:

Jan. 11-12
Feb 8-9
Mar. 8-9
Apr. 12-13
May 3-4
June 7-8
Aug. 9-10

Fri. @ 6:30 PM till Sat. @ 4:00 PM
Fri. @ 6:30 PM till Sat. @ 4:00 PM
Fri. @ 6:30 PM till Sat. @ 4:00 PM
Fri. @ 6:30 PM till Sat. @ 4:00 PM
Fri. @ 6:30 PM till Sat. @ 4:00 PM
Fri. @ 6:30 PM till Sat. @ 4:00 PM
Fri. @ 6:30 PM till Sat. @ 4:00 PM

All sessions are held at: Orchard Hill, near Millerstown, PA 17062. Take PA 22-322 to the Millerstown, PA Exit; Proceed into Millerstown, and at the Square, turn Right onto Route 17 East [Sunbury Trail]. Proceed 1.2 miles to Orchard Way. Turn Left and proceed one mile up the mountain.

COST: Year One: \$1,200.00 per year in four installments + a one-time \$30.00 application fee = \$1,230.00, [\$307.50 per installment]; Year Two: \$1,200.00 [four installments of \$300.00]

STEPS TO ENROLLMENT:

1. Complete application form—available upon request:
formation1@embarqmail.com TEL: 717-240-0678
2. Secure two recommendations, one from a layperson and one from a minister.

Staff:

Cynthia Willis
Program Coordinator

Russell Hart
Dean & Registrar

Kathy Harvey Nelson
Center Director

**THE MINISTRY OF SPIRITUAL DIRECTION:
A Program of the Center For Spiritual Formation, Inc.
45 South West Street, Carlisle, PA 17013**

APPLICATION: [Use reverse side, or additional sheets as needed]

Name: _____

Address: _____ ZIP _____

Telephone: (H) _____ (0) _____ Email Address _____

Age:

Educational Background:

Occupational History Outline:

Significant facts about yourself:

Congregation [including denomination]:

Briefly explain why you are applying for enrollment in *THE MINISTRY OF SPIRITUAL DIRECTION*:

State, if applicable, the response/attitudes of your spouse/immediate family toward your interest in this program:

Is your pastor and congregation aware of your interest? What is their response?

Name a group/organization which actively supports your spiritual growth and calls you to accountability in your relationship with God:

Describe your spiritual journey over the last year:

**Have you ever received Spiritual Direction? YES] [NO] If [YES], for how long?
Have you ever given Spiritual Direction? [YES] [NO] If [YES], for how long?**

What do you expect to gain from this course?

Are you willing and able to commit to a training course which involves prayer, study, self-reflection, peer-review, practice of the Spiritual Disciplines, exposure to new ideas, travel to overnight meetings, and the expense?

What questions have you about this course?

Secure two recommendations using the forms provided.

THE MINISTRY OF SPIRITUAL DIRECTION:

A Program of The Center For Spiritual Formation, Inc.

45 South West Street, Carlisle, PA 17013

RECOMMENDATION FOR ENROLLMENT:

(NAME) _____ is applying for enrollment in a training program of the
of souls.

Please complete this recommendation and return it to this
address:

**Dr. Russell. M. Hart, Registrar
The Ministry of Spiritual Direction
c/o The Center For Spiritual Formation, Inc.
45 South West Street,
Carlisle, PA 17013**

TEL (717) 240-0678

Your name, address, email address & telephone number:

How long have you known this person, and in what capacity?

Describe him/her.

**Do you recommend him/her for this course and the ministry
of the care of souls?**

Why or why not?

**What evidence of a growing relationship with God do you see
in him / her?**

**Do you believe s/he can sustain a commitment that involves
prayer, study, self-reflection, peer review, the practice of the
Spiritual Disciplines, and exposure to new ideas?**

Other comments: