

PASTOR'S SABBATH
A Time of Renewal for Pastors and CLM's
NOW ONLINE VIA ZOOM



The Center for Spiritual Formation offers a series of Sabbath Retreats, designed for clergy and CLMs who are serving churches. Due to COVID-19, we are meeting via Zoom beginning at 9 AM. Come for each Sabbath or select a few. 0.5 CEU's per session. COST is \$25 per session.

Tuesday, October 13 with Debi Decker

Our focus for the October Pastors' Sabbath is going to be various types of body prayer with the afternoon retreat time focusing on a *Walking Meditation* following guidance created by Jonathon Stalls of "Intrinsic Paths".

Tuesday November 10 with Susan Stewart

"Living abundantly": Jesus tells his disciples that
 "I came that they may have life and have it abundantly."

What does it mean for us to live abundantly in these crazy times?

Sabbath Renewal

\$25 – .5 CEU per session

Name: _____ **Phone** _____

Address: _____ **E-mail** _____

Sessions: _____

Return to The Center For Spiritual Formation, Inc., 45 S. West St, Carlisle, 17013 or
Register Online: www.centerformation.org Questions? centerformation1@gmail.com
 or 717-249-1512.

The Center is affiliated with the Susquehanna Conference of the United Methodist Church, 303 Mulberry Drive, Mechanicsburg, PA 17055