



# GUIDED IMAGERY PRAYER WORKSHOP

Friday, December 4, 2020 1-4 pm

Presented by Laura Baber

Online via Zoom

Guided Imagery Prayer is a way of encountering the Divine Presence using Holy Imagination. Laura Baber will introduce the fundamentals of using guided imagery prayer with Scripture and archetypal metaphors from the Christian tradition. Participants will experience this form of prayer and practice developing a prayer of their own. Laura uses this form extensively in her work as a spiritual director and as part of the worship experiences in the United Methodist Church where she serves.

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Register online at [www.centerformation.org](http://www.centerformation.org) or use form below, and mail to The Center For Spiritual Formation, 333 S. Spring Garden Street, Carlisle 17013. Cost: \$25 per person. You are considered registered when your fee is paid.

Questions? [centerformation1@gmail.com](mailto:centerformation1@gmail.com) or 717-249-1512, ext. 1006

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Guided Imagery Prayer Workshop      Cost \$25 per person      0.3 CEUs awarded

Name: \_\_\_\_\_ Phone: [   ] \_\_\_\_\_

Address: \_\_\_\_\_ ZIP: \_\_\_\_\_

e-mail: \_\_\_\_\_

Home church/district \_\_\_\_\_

The Center is affiliated with the Susquehanna Conference of the United Methodist Church, 303 Mulberry Drive, Mechanicsburg, PA 17055