

**PASTOR'S SABBATH**  
**A Time of Renewal for Pastors and CLM's**  
**NOW IN-PERSON AT ORCHARD HILL**



The Center for Spiritual Formation offers a series of Sabbath Retreats, designed for clergy and CLMs who are serving churches. We gather at Orchard Hill in Millerstown at 9 a.m. to worship and explore the Word together, as partners on the journey with Jesus. Following lunch, a guided activity is offered in which you may participate. Or, you may use the afternoon for hiking our trails, walking the Labyrinth, or taking a much-needed nap!

We regather at 3:30 for sharing and communion before leaving at 4:30. Come for each Sabbath or select a few. 0.5 CEU's per session. COST is \$25 per session. *Bring a bag lunch!*

**COME STAY WITH US!** To further enhance our Pastor's Sabbath events, we now invite you to consider coming to Orchard Hill a day in advance, meaning you will not have a long drive to arrive at Orchard Hill by 9 am. You can spend the free time hiking, walking the labyrinth, or sitting on the porch and enjoying the quiet beauty of Orchard Hill.

Overnight accommodations are available for \$65 per night. You may feel free to arrive any time after 12 noon the day before the scheduled Pastor's Sabbath. Bed linens and towels will be provided. Please bring your own food for the time you will be there (including breakfast and lunch on the day of the Pastor's Sabbath). A coffeemaker is available for your use, as well as a full-size refrigerator, stove and microwave. If you are interested in overnight accommodations, please indicate that when you register.

*Tuesday, October 12, 2021 with Debi Decker (register by October 2, 2021)*

"An Invitation to Notice and Name Those Things We Carry". Through music, contemplation, body prayer, and conversation, you will have the opportunity to notice and name the laments, lightness, challenges, heaviness, etc., of your body, mind, and spirit.

*Tuesday November 9 2021 (Facilitator TBA) (register by October 30, 2021)*

**Sabbath Renewal** \$25 – 0.5 CEUs per session  
 Overnight Accommodations (the day preceding the Pastor's Sabbath): \$65 per person  
 No meals provided.

**Registering for sessions (dates)** \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_ ZIP: \_\_\_\_\_

Home church/district \_\_\_\_\_

e-mail: \_\_\_\_\_

Phone \_\_\_\_\_ Text capability?  yes  no

Return to The Center For Spiritual Formation, Inc., 333 S. Spring Garden St, Carlisle, 17013 or  
**Register Online:** [www.centerformation.org](http://www.centerformation.org) Questions? [centerformation1@gmail.com](mailto:centerformation1@gmail.com) or 717-249-1512, x 1006 The Center is affiliated with the Susquehanna Conference of the United Methodist Church, 303 Mulberry Drive, Mechanicsburg, PA 17050