

2024 PASTOR'S SABBATH AT ORCHARD HILL



Pastor's Sabbaths are designed to provide pastors and certified lay ministers time away for rest, reflection, and restoration. A facilitator leads the group through time of discussion and sharing. Following lunch (bring your own bagged lunch) there is free time for napping, porch sitting, hiking, walking the labyrinth, use the time as you wish. The day closes with communion.

Make time now in your schedule to care for you. 2024 dates are:

Tuesday, March 12 with Kim Cartwright TOPIC: **Lenten Reflections with Centering and Lectio Divina**

Tuesday, April 9 with Debbie Heisley-Cato TOPIC: **The Kingdom of God is at Hand**

Tuesday, May 14 with Hannah Sledge TOPIC: **Deep Listening**: Do you feel overwhelmed with the words and noise that swirls constantly within and around you? You're invited to a pastor's sabbath where we will take time to be still and to listen. Through practices such as Lectio Divina, Visio Divina and others, we will slow down to listen to God's voice and the stirring of our souls.

Tuesday, September 17 with Eric Shafer

Tuesday, October 15 with Melissa Madara

Tuesday, November 12 with John Vidal

ORCHARD HILL IS LOCATED NEAR MILLERSTOWN, PA, JUST OFF RT. 322, MIDWAY BETWEEN HARRISBURG AND LEWISTOWN.

A regular visitor to Orchard Hill says: *"The Center at Orchard Hill is a wonderful oasis, sitting on top of a mountain away from the noise and bustle of everyday life. The solitude it offers is a perfect setting to quiet the soul and open one to a peaceful communion with the Almighty. I have been privileged to enjoy many classes and retreats over the years at the Center. There is a certain holiness and spiritual fullness to the place that opens one's heart and senses to the beauty of God's creation - including oneself. I always leave there with a wonderful feeling of peace, able to say, 'It is well with my soul'."*

COME STAY WITH US! To further enhance our retreat events, we invite you to consider coming to Orchard Hill a day in advance, meaning you will not have a long drive to arrive at Orchard Hill by 9 am. Spend the free time hiking, walking the labyrinth, or sitting on the porch and enjoying the quiet beauty of Orchard Hill. Overnight accommodations are available for an \$75 per night (private room). You may feel free to arrive any time after 1:00 pm the day before the scheduled Pastor's Sabbath. Bed linens and towels are provided. Please bring your own food for the time you will be there (*including breakfast and lunch on the day of the Pastor's Sabbath*). A coffeemaker is available for your use, as well as a full-size refrigerator, stove and microwave. If you are interested in overnight accommodations, please indicate that when you register.

Due to the difficulties with U.S. Post Office delivery service, to assure that we receive your registration in a timely fashion, we are asking that you register online at www.centerformation.org (Happenings tab) or contact us by phone 717-249-1512, ext. 1006 or via email at admin.lisa@centerformation.org.

The Center is affiliated with the Susquehanna Conference of the United Methodist Church, 303 Mulberry Drive, Mechanicsburg, PA 17055