

You are invited to a new series of [Create!](#) Starting This Week - Using [A Field Guide to Color](#)

[Create!](#) Is A Creative contemplative group that meets each Thursday via Zoom.

We begin a new series focusing on the work of [Lisa Solomon](#), particularly from [A Field Guide To Color](#). You do not need the book to participate but I know some of you love a good reference at your side. We will be contemplating color and its expression as an exploration of body/mind/soul wholeness. Hopefully this contemplative focus will lead us into the miracle of transcendence. We continue to learn through [Create!](#) that when we enter the quiet, we become present to revelation. Psalm 46:10 is so true, "Be still and know God."

There is no cost to [Create!](#) We meet every Thursday, 9 -10 a.m. Eastern Standard Time via Zoom
<https://us02web.zoom.us/j/85610054710>

[Create!](#) is hosted by an organization I hold dear to my heart, [The Center for Spiritual Formation](#).



[A note about this series:](#) Solomon primarily uses watercolors. If you want to explore that medium, consider having watercolors, water, watercolor paper, a brush or two and a paper towel on hand for our Thursday gatherings. But please know that this is not necessary. As always in [Create!](#), you can respond to the prompts expressively via color, textiles, word, movement, or stillness in meditation. Just notice what you long to work with and honor that nudge. Also, I am hoping we will be able to work with [A Field Guide to Color](#) through the end of May. You are welcome to pop in any week and experience this delightful gathering.

If you have any questions, be in touch. **[Please share.](#)**

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