

# 2024 PASTOR'S SABBATH AT ORCHARD HILL



Pastor's Sabbaths are designed to provide pastors and certified lay ministers time away for rest, reflection, and restoration. A facilitator leads the group through time of discussion and sharing. Following lunch (bring your own bagged lunch) there is free time for napping, porch sitting, hiking, walking the labyrinth, use the time as you wish. The day closes with communion. Make time now in your schedule to care for you. Remaining dates in 2024:

Tuesday, August 13 with Rev. Jim Van Zandt. THEME: What do you regret? There will be three brief gatherings during the day for focused reflection and prayer on our personal and professional regrets.

Tuesday, September 17 with Rev. Eric Shafer

Tuesday, October 15 with Melissa Madara THEME: Space Between the Logs: Finding breathing space in the midst of ministry chaos

Tuesday, November 12 with John Vidal. THEME: Discipleship Bands for Spiritual Growth and Transformation.

**COST: \$25 0.5 CEU credits provided**

ORCHARD HILL IS LOCATED NEAR MILLERSTOWN, PA, JUST OFF RT. 322, MIDWAY BETWEEN HARRISBURG AND LEWISTOWN.

A regular visitor to Orchard Hill says: *"The Center at Orchard Hill is a wonderful oasis, sitting on top of a mountain away from the noise and bustle of everyday life. The solitude it offers is a perfect setting to quiet the soul and open one to a peaceful communion with the Almighty. I have been privileged to enjoy many classes and retreats over the years at the Center. There is a certain holiness and spiritual fullness to the place that opens one's heart and senses to the beauty of God's creation - including oneself. I always leave there with a wonderful feeling of peace, able to say, 'It is well with my soul'."*

**COME STAY WITH US!** To further enhance our retreat events, we invite you to consider coming to Orchard Hill a day in advance, meaning you will not have a long drive to arrive at Orchard Hill by 9 am. Spend the free time hiking, walking the labyrinth, or sitting on the porch and enjoying the quiet beauty of Orchard Hill. Overnight accommodations are available for an \$75 per night (private room). You may feel free to arrive any time after 1:00 pm the day before the scheduled Pastor's Sabbath. Bed linens and towels are provided. Please bring your own food for the time you will be there (*including breakfast and lunch on the day of the Pastor's Sabbath*). A coffeemaker is available for your use, as well as a full-size refrigerator, stove and microwave. If you are interested in overnight accommodations, please indicate that when you register.

**Due to the difficulties with U.S. Post Office delivery service, to assure that we receive your registration in a timely fashion, we are asking that you register online at [www.centerformation.org](http://www.centerformation.org) (Happenings tab) or contact us by phone 717-249-1512, ext. 1006 or via email at [admin.lisa@centerformation.org](mailto:admin.lisa@centerformation.org).**

The Center is affiliated with the Susquehanna Conference of the United Methodist Church, 303 Mulberry Drive, Mechanicsburg, PA 17055