## Online Peer Supervision through the Practice of Examen

"Supervision is a welcoming space where spiritual directors/companions may be supported and encouraged in their practices. Grounded in Lucy Abbott Tucker's supervision methods of affirmation, self-reflection, consultation, challenge and education, directors/supervisees will come away from sessions with renewed energy and insights into the ministry of spiritual direction." - Joan Alexander

You are warmly invited to join the Center for Spiritual Formation for our quarterly gatherings focused on the practice of Examen. Come and share in a time of centering, reflection, and group processing.

- Monday, March 31 at 6:30 PM (EST)
- Thursday, June 26 at 6:30 PM (EST)
- Monday, Sept. 29 at 6:30 PM (EST)



Scan the QR code below or visit: <u>https://centerformation.org/msd/supervision</u> for more information and for the link to join the Zoom meeting on the day of our gathering. *No registration required.* 

For questions, please email: <u>msd.ashleigh@centerformation.org</u>

Center

We look forward to this time together.

